## **Good Monday morning Lord,**

Thank You for the gift of another day. As a new month begins I am grateful for the gift of my sobriety that is made possible only through Your grace. Thank You for being patient with me and showing me kindness when, if I were You, I'd be throwing my arms up in total frustration. Grant me patience to emulate You. So, I come to You in prayer; "God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Dear Lord, send Your Spirit to help me to have patience. I lay before You my exhaustion and ask for a renewed sense of energy. I lay before You any of my resentment and ask for peace and healing instead. I lay before You my frustrations and ask that you bring me more tolerance. I lay before You all of my judgment and ask that I may be more understanding. I lay before You my anger and ask that I may learn to be more forgiving. Mostly, help me to be humble, Lord, and to grow in Your wisdom and compassion.

My Lord I ask You to influence my very essence to make me kinder, more forgiving and softer. Please guide me to be gentle, loving and generous in my life. At times, I know that these qualities wear thin as I feel impatience and resentment rising within my soul. I desire revenge when I should seek to find understanding and compassion. I pray that You will help me through with Your spirit to guide me. May You open the door for me to new patience, transformation and understanding. Transform my soul and my heart so that I may find new strength and patience in Your grace.

As I go forward I pray to live one day at a time, enjoying one moment at a time, accepting hardship as the pathway to peace. Taking, as You did, this sinful world as it is, not as I would have it, trusting that You will make all things right if I surrender to YOUR WILL, so I may be reasonably happy in this life, and supremely happy with You, forever, in the next. Amen!

## The Etruscan